

Hi **NAME**,

I just saw [PLAN C](#), a documentary that premiered to great reviews at the 2023 Sundance Film Festival. It's about a grassroots network fighting to expand access to abortion pills across the United States. It really made me think. I hope you'll go see it and tell your friends.

As we all know, it's a high stakes time for reproductive rights in this country - and we hear a lot from pundits and politicians. The film was about ordinary people who have come together to be the change they want to see - and it had important life-saving information about a real abortion option that is available today - no matter where you live.

In all 50 states, people *still* have access to safe abortion pills to take at home. Despite recent news, even in states with restrictive laws, abortion pills are available by mail.

Awareness about abortion pills is still very low. I didn't quite understand this option, and I've gotten confused by all the media surrounding abortion access. But there are millions of people that need to know they have access to this private and affordable option and I'm hoping that you'll spread the word in your community, too: If you have questions, or want to direct people to info, visit plancpills.org. Plan C is a resource about abortion pills by mail; from how people can access abortion pills in different states, to where to get free emotional, medical, and legal support.

I know abortion is a sensitive topic. But, I encourage you to share this information with all the people in your life. **You informing your community actually helps to increase awareness.** Here are easy ways to spread the word:

- Copy and paste this email and send it to your network.
- Post on your social media accounts. Use your own words or [click here](#) for images/copy.
- Bring this up with your friends and family. Encourage them to go see [PLAN C!](#) Films aren't censored yet!

Thank you so much for reading and helping to get the message out there.

Warmly,

YOUR NAME